

GREG STROBEL'S WRESTLING CAMPS 2008

Technique - Challenge - Champions

SESSION	DATES	COST	OTHER
TECHNIQUE			
Boys & Girls, Ages 8-18	Session I: June 21-25, 2008 Session II: June 28-July 2, 2008	Resident: \$415 Commuter: \$315	Register by May 1st and receive a \$20 discount!
TEAM DUALS			
All HS & JR HS teams are welcome. Individuals are also welcome.	July 10-13, 2008	Resident: \$415 Commuter: \$315	Register by May 1st and receive a \$20 discount!

Camp Description:

- **Team Duals**

This camp will consist of 70% combat matches and 30% instruction (daily). Space is limited, first come, first served. You don't need a team to register, come alone, and be assigned to a team. "Madison Weigh-in".

- **Technique I and II**

These programs will include 80% top-flight instruction and 20% combat with live evaluations. High coach to wrestler ratio.

Camp Director: **Greg Strobel** - Head Coach Lehigh Wrestling

Camp Staff:

The Lehigh Wrestling Programs are designed to combine fun and fundamentals as well as advanced technique. Our staff includes the best college and high school coaches in the country. Lehigh Wrestling Programs provide you with the tools to reach your goals.

Facilities: **Grace Hall, Varsity Wrestling Room, Taylor Gym.**

Refund Policy:

- Each camper must complete a registration form and submit an individual payment.
- Payment in full is due with registration. Registrations received without full payment are not complete.
- **Click here for our refund policy**

Contact Information: Call 610-758-6912 or lehighwrestlingcamp@lehigh.edu

Skin Check Form and Health Form/Waiver:

- Every camper must provide a completed **Health Form/Waiver** and **Skin Check Form** PRIOR to participation.
- The **Health Form/Waiver** must be signed by a parent or guardian.
- Neither the **Health Form/Waiver** nor the **Skin Check Form** need to be signed by a doctor.
- Click **HERE** to download the **Health Form/Waiver** and **HERE** to download the **Skin Check Form**

Camp Features:

- The Best Coaching Anywhere, PERIOD!
- Personal Attention from our Award-Winning Staff
- Coaching Staff Active in World and Olympic Competition
- Challenging Team Dual Competition - Full and Made-up Teams
- State of the art facilities
- Fabulous Food - All you want!
- Supervised Dorms - 24 hours
- Open mat time, personalized help from the staff
- Outstanding conditioning and nutrition instruction
- Supervised swimming and weight training
- Certified Athletic Trainers at ALL sessions and overnight
- Parents and coaches welcome to watch training sessions (for safety reasons, please inform us prior to your arrival)
- Save \$20.00 per person if registered by May 1
- Digital color group photo to be published on the w.w.w.
- Free t-shirt to all campers

Typical Daily Schedule**

7:30 am Breakfast
9:00 am Wrestling
12:00 pm Lunch and Recreation
2:00 pm Wrestling
4:00 pm Swimming
5:30 pm Dinner and Recreation
7:00 pm Wrestling
9:30 pm Snacks and Recreation
10:45 pm Room Check
11:00pm Lights out


**Actual schedule may vary

What to Bring:

- Wrestling Shoes
- Running Shoes
- Raincoat
- Sweatshirt
- Towels and Toiletries
- Laundry Bag/Soap/Quarters
- Swim Suit
- Blankets

- Sheets
- Pillow
- Fan - The dorms are NOT air-conditioned

Registration:

- **Sign up ONLINE! Register as an individual or TEAM!**  *New!*
- Or, download our **Wrestling Camp Brochure**
- Payment is due IN FULL upon registration.
- Last year, our 2007 Team Duals Camp was SOLD OUT before May 1st. It is STRONGLY encouraged that you register your team online to guarantee your spot.

Confirmation: Your confirmation will be sent via email. Online registrations will receive an instant confirmation via email. Mailed applications will receive an emailed confirmation at least 1 week prior to camp.

Check In:

- Technique 1 & 2 - Saturday - 10:00am to 1:00pm - McClintic Marshall House
- Team Duals - Thursday - 9:00am to Noon - McClintic Marshall House
- **Click [HERE](#) for directions.**

Check Out:

- Technique 1 & 2 - Wednesday - 11:45am - McClintic Marshall House - ***ID REQUIRED TO PICK UP CAMPER***
- Team Duals - Sunday - 4:00pm - McClintic Marshall House- ***ID REQUIRED TO PICK UP CAMPER***
- **Click [HERE](#) for directions.**

Information for Registered Campers:

Technique I Info (coming soon)
Technique II Info (coming soon)
Team Duals Info (coming soon)

All High School Coaches who intend to stay with their teams in the dorms, please click [HERE](#) for important information.