



# Fifth Annual "Outlaw Duals" Wrestling Tournament Sunday, December 13, 2009

*In Memory of Shawn Dykes*

**This tournament is designed for travel teams seeking a challenge!!!**

**Location: Our Lady of Good Counsel High School**

17301 Old Vic Blvd  
Olney, MD 20832

Our Lady of Good Counsel High School is located at 17301 Old Vic Blvd, off Maryland Route 108 (Olney-Sandy Spring Road) in Olney, Maryland, one and a half miles east of Georgia Avenue (Route 97) and two miles west of New Hampshire Avenue (Route 650).

**Time:** Weigh-Ins 8:00-9:15 AM, 6pm estimated finish  
**Coaches' meeting** 9:15 AM **Wrestling begins at 9:30 AM**  
**Admission fee:** \$5 per adult, **kids 17 and under are free**

**Weight Classes:** 50,55,60,65,70,75,80,85,90,95,100,105,110,115,122,132,145,160, Heavyweight (161-185) **No weight allowances.**

**Rules:** Wrestlers must be K- 8th grade. Metropolitan Washington Official's Association referees will be used. National Federation of High Schools Wrestling Rules, Singlets and Headgear Required. Certified trainer on site. Teams are permitted to have a maximum of 30 wrestlers on their roster. Wrestlers may move up only one weight class. However, wrestlers competing in the Heavyweight class cannot move up and must weigh within the range specified for their class.

**Awards:** There will be team trophies to the top three teams and individual awards for each member. There will also be an Outstanding Wrestler Award as well as a Most Falls in Least Amount of Time.

**Entry Fee:** \$325 per team.

**Format:** Each team guaranteed 4 matches. 8 teams placed in 2 pools of 4 will wrestle round robin. After the first three rounds, the top teams from pool A and pool B will wrestle for first place. Second place teams from pool A and pool B will wrestle for third place. Third place teams from pool A and pool B will wrestle for fifth place. Fourth place teams from pool A and pool B will wrestle for seventh place.

Tournament Director: Jarrod Elwell, **B&O Outlaws**

**e-mail – jarrodelwell@juno.com**

**Phone- 202-352-7076**

**12836 Flack Street**

**Silver Spring, MD 20906**

Entry Form

Team Name: \_\_\_\_\_ Coach: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Zip: \_\_\_\_\_

Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ - E-Mail: \_\_\_\_\_

\*Please enclose the entry form above and your entry fee and mail it to Jarrod Elwell at the address listed above. Checks should be made out to the "OBGC" \*If you have any further questions, feel free to contact Jarrod Elwell.