

# CYA Basketball

## 2011-12 Coaches Information Sheet

### 1. Introduction

- CYA Winter Basketball has approximately 2500 participants (2265 House, 235 Travel) with 70 girls teams & 175 boys teams in House and 23 Travel teams. Basketball's annual budget is approximately \$550,000.

### 2. Coaches

- All coaches must be listed in the CYA database so that they can be assigned to teams. If a coach did not volunteer when signing up their child, they must do so via the Volunteer Only link on the main CYA webpage ([www.chantillyyouth.org](http://www.chantillyyouth.org)).
- All head and assistant coaches must undergo a background check through the KidSafe program – go to the Mandatory Background Check link on the main CYA webpage. CYA will provide the Basketball Commissioner with a list of approved coaches – all coaches need to be on this list by the time that games start in mid-December. NOTE: Sign up for Basketball Grade 1, Basketball Grades 2-8, or Basketball Grades 9-12 as appropriate. Do not sign up for Basketball Grades 4-8 as this is the Spring league sign-up list.
- If problems occur during the season, coaches should raise any issues with their league administrator first and then go if needed to the Boys or Girls commissioner or deputy commissioner. If no response is forthcoming, go to the Basketball commissioner (Rick Shryock) at [basketball@chantillyyouth.org](mailto:basketball@chantillyyouth.org).
- Assistant coaches who have children playing in the league can only be named after the draft. If both the head and assistant coaches are under age 21, they must have an adult supervisor present at the game and at practices.

### 3. Teams and team formation

- Teams in grades 3-10 are generally selected through a draft system using a point system based on player rankings in the skills assessments. New league administrators should consult with their commissioner on how to administer this draft method. NOTE: Unless approved by the board representative, assistant coaches whose kids are playing in the league cannot be selected prior to the draft.
- Coaches in grades 3-12 must provide their commissioners with a roster of their team players after the draft so that these can be entered on teams in the CYA database. If league administrators need help registering the teams in the database, they can ask for help from the CYA registrar or CYA commissioner.
- All roster changes after the draft must be approved by the league administrator. Let the administrator know if any player has dropped off the team; the administrator should then inform the registrar or the commissioner.
- Each team must have 3 volunteer building directors—the coach, assistant coach, and a parent. Individuals can become volunteer building directors by watching a short video and taking a simple test on the Community and Recreation Services website ([http://www.fairfaxcounty.gov/rec/Team\\_Sports/VolBld\\_Dir.htm](http://www.fairfaxcounty.gov/rec/Team_Sports/VolBld_Dir.htm)). The certificate, which must be in the VBD's possession at games and practices, is good for two years. HINT: It is a good idea to print out the manual on the VBD page and have it available when taking the test.

### 4. Facilities

- CYA uses more than 15 school gyms plus two private facilities: the No. Va. Sportsplex (formerly Hoop Magic) and the new NZone. The cost is \$32 per hour for the school gyms and \$75 an hour for the private facilities. Space is at a premium since the Recreation Department does not give us all the space that we need.
- During practices the coach or assistant coach can serve as the team's volunteer building director. At games, this job must be carried out by a non-coaching parent. Their primary responsibility is to ensure that non-participants are respecting school property and not engaging in unsafe activity.
- Food and drink: In all gyms and private facilities, the only food or drink allowed is water in clear containers or bottles.
- At all facilities, coaches, players and spectators must respect the instructions of all building staff under all circumstances.
- Gyms are subject to cancellation even at the last minute due to conflicting activities or weather. If a team arrives at a facility that the staff says is closed, they must respect that directive. Coaches can call the CRS gym hotline (703-609-8870) to check on the gym status and help iron out any possible schedule issues.
- Gyms are also subject to closure due to weather. Coaches should enroll in the FCPS emergency notification system, Keep in Touch, at <https://www.fcps.edu/kit>. The status of school gyms due to weather can also be checked at the FCPS website (<http://www.fcps.edu/news/emerg.htm>), by calling the hotline 800-839-FCPS, or by checking TV Channel 21. In addition, CYA will post weather-related cancellations on its website ([www.chantillyyouth.org](http://www.chantillyyouth.org)). For the No. Va. Sportsplex, call 703-865-6877; for the NZone, call 703-266-0118.

### 5. Equipment

- League administrators should request scorebooks/icepacks/balls etc from the CYA quartermaster, Randy Gulakowski. If a coach notices that a game bag is short on scorebooks, icepacks, etc., they should notify their league admin.
- Coaches should know who is responsible for bringing and retrieving the clocks to games each week. CYA will try to store clocks at Carson, Franklin, Poplar Tree and Rocky Run but all other facilities will need clocks brought by the coaches at the beginning of the day.

6. Referees
  1. House referees are provided for grades 1-8. The referee coordinator is Monica Despina ([despinism@yahoo.com](mailto:despinism@yahoo.com), 703-283-3794) who has a number of individual referee schedulers who make the actual assignments. House refs are paid \$10-\$20 each per game depending on the grade level and their experience. Report any problems with house refs to Monica.
  2. Cardinal referees are provided for grades 9-12 at a cost of \$38 each per game. These are scheduled by the CYA Basketball Coordinator (Rick Shryock). Report any issues with Cardinal referees to [basketball@chantillyyouth.org](mailto:basketball@chantillyyouth.org).
7. Rules
  1. The Winter House rules will be posted on the Basketball tab of the CYA website before the start of games. Major points are listed below:
    - Participation/substitution rules (Grades 2-8): mandatory 2 quarters + restrictions on extra playing time
    - Time Outs and overtime: 2 timeouts per half for grades 1-6, 3 full/2 30-sec per game for grades 7-12; 1 2-min overtime
    - Mandatory defense: grades 1-4 must play man-to-man defense in all games. Grades 5-12 can use man or zone defense.
    - Crush rules: 10 points in grades 2-8, 15 points in grades 9-12
    - Intentional fouls: avoid yelling "foul" at end of game to signal intentional foul as injury is often the result
    - Uniforms and equipment: no jewelry or hard casts
8. Scheduling
  1. Regular practice times are allocated to coaches by the league administrator through the CYA Basketball scheduler. Coaches can request make-up space (minimal supply) through league administrator, who will request from the scheduler, if schools are unexpectedly closed. This is usually not possible for school holidays when all gyms closed because the volume of make-ups is too great. Note that gyms are not closed on teacher work days.
  2. The league administrator puts together the game schedule based on the gym allocation given to him/her by the CYA Basketball scheduler. Please notify league administrator in advance if possible of any anticipated game cancellations (so we can notify the refs) and request make-up space (limited supply) through the league administrator. Note that game day forfeits will generally not be made up.
9. Sportsmanship issues
  1. Any harassing of refs or players by spectators, coaches or players is strictly prohibited and offenders will be asked to leave the gym. Play may not recommence until the individual has left the gym.
  2. Any sportsmanship technicals levied on players, coaches or spectators must be reported to the league administrator by both coaches. Players, coaches and spectators ejected from a game are banned from the subsequently scheduled game.
  3. Sportsmanship issues should be reported to the Basketball Sportsmanship Coordinator, Rein Kiewel, at [rein.kiewel@verizon.net](mailto:rein.kiewel@verizon.net).
10. Coaches training and resources
  - There will be a Girls and Boys coaching clinic for grades 1-8 at Chantilly HS from 2:30-6:00 PM on Sunday Nov. 20<sup>th</sup>. All teams for grades 1-6 must send either the head coach or assistant coach to this clinic. In addition, all HS-aged coaches (head or asst) must attend this clinic. If for some reason you cannot attend, please notify your league administrator who in turn will notify the boys or girls commissioner.
  - The coaches from the local high schools have also offered to run coaches clinics at a time and place to be determined. This will be geared for coaches coaching teams in grades 7-12.
  - Coaching resources posted on website (go to basketball page, coaching tab at [www.chantillyyouth.org](http://www.chantillyyouth.org))
11. End of season events
  - There is a CYA end of season tournaments for grades 4-12, all-stars for grades 3-8, and a Turnpike tournament for grades 4-9. Ask the league administrator for details
12. Trophies/awards
  1. All first and second graders receive a CYA provided participation trophy.
  2. For grades 4-6, there is a trophy provided to the winners and runners up of the end of season tournament. For grades 7-12 the winners and runners up receive a souvenir t-shirt.
13. Important Contact Information

Board Position	Name	Cell	Email
Chairman	Rick Shryock	703-963-5430	<a href="mailto:basketball@chantillyyouth.org">basketball@chantillyyouth.org</a>
Boys Commissioner	Dan Dschuhan	571-268-0463	<a href="mailto:d_dschuhan@verizon.net">d_dschuhan@verizon.net</a>
Boys Deputy	Dale Howell	703-216-8090	<a href="mailto:DelbertDLH@hotmail.com">DelbertDLH@hotmail.com</a>
Girls Commissioner	Bruce Wardlaw	571-218-5102	<a href="mailto:bwardlaw@usgs.gov">bwardlaw@usgs.gov</a>
Girls Deputy	Troy Olsen	703-673-8962	<a href="mailto:troy.l.olsen@gmail.com">troy.l.olsen@gmail.com</a>
Ref Coordinator	Monica Despina	703-283-3794	<a href="mailto:despinism@yahoo.com">despinism@yahoo.com</a>
Sportsmanship	Rein Kiewel	703-346-6092	<a href="mailto:rien.kiewel@verizon.net">rien.kiewel@verizon.net</a>