

CYA Basketball

2009-10 Coaches Information Sheet

1. Introduction

- CYA Winter Basketball has approximately 2700 participants (2450 House, 240 Travel) with 73 girls teams & 182 boys teams in House and 24 Travel teams. Basketball's annual budget is \$550,000.

2. Coaches

- All coaches must be listed in the CYA database so that they can be assigned to teams. If a coach did not volunteer when signing up their child, they must do so via the Volunteer Only link on the main CYA webpage (www.chantillyyouth.org).
- All head and assistant coaches aged 18 and older must undergo a background check through the KidSafe program – go to the Mandatory Background Check link on the left side of the main CYA webpage. CYA will provide the Basketball Commissioner with a list of approved coaches – all coaches need to be on this list by mid-December.
- If problems occur during the season, coaches should raise any issues with their league administrator first and then go if needed to the Boys or Girls commissioner or deputy commissioner. If no response is forthcoming, go to the Basketball chairman (Rick Shryock) at basketball@chantillyyouth.org or vice chair (Cindy Aune) at registrar@chantillyyouth.org.
- Assistant coaches who have children playing in the league can only be named after the draft. If both the head and assistant coaches are under age 21, they must have an adult supervisor present at the game and at practices.

3. Teams and team formation

- Teams in grades 3-10 are generally selected through a draft system using a point system based on player rankings in the skills assessments. New league administrators should consult with their commissioner on how to administer this draft method.
- Coaches in grades 3-12 must provide their commissioners with a roster of their team players after the draft so that these can be entered on teams in the CYA database. If league administrators need help registering the teams in the database, they can ask for help from the CYA registrar (registrar@chantillyyouth.org) or CYA commissioner.
- All roster changes after the draft must be approved by the league administrator. Let the administrator know if any player has dropped off the team; the administrator should then inform the registrar or the commissioner.
- Each team must have 3 volunteer building directors (VBD)—the coach, assistant coach, and a parent. Individuals can become volunteer building directors by watching a short video and taking a simple test on the Community and Recreation Services website (http://www.fairfaxcounty.gov/rec/team_sports/VolBld_Dir.htm). The certificate, which must be in the VBD's possession at games and practices, is good for two years.

4. Facilities

- CYA uses more than 15 school gyms plus Hoop Magic Sports Academy, a private sports facility. The cost is \$32 per hour for the school gyms and \$55 an hour for Hoop Magic (in addition, spectators at Hoop Magic pay a \$1 entrance fee). Space is at a premium since the Recreation Department cannot give us all the space that we need.
- During practices the coach or assistant coach can serve as the team's volunteer building director. At games, this job must be carried out by a non-coaching parent. Their primary responsibility is to ensure that non-participants are respecting school property and not engaging in unsafe activity.
- Food and drink: In all gyms and at Hoop Magic, the only food or drink allowed is water in clear containers or bottles.
- At all facilities, coaches, players and spectators must respect the instructions of all building staff under all circumstances.
- Gyms are subject to cancellation even at the last minute due to conflicting activities or weather. If a team arrives at a facility that the staff says is closed, they must respect that directive and not argue the issue. Coaches can call the CRS gym hotline (703-609-8870) to check on the gym status and help iron out any possible schedule issues.
- Gyms are also subject to closure due to weather. Coaches should enroll in the FCPS emergency notification system, Keep in Touch, at <https://www.fcps.edu/kit> or the county emergency alert system (<https://www.fairfaxcounty.gov/cean>). The status of school gyms due to weather can also be checked at the FCPS website (<http://www.fcps.edu/news/emerg.htm>), by calling the CRS hotline 703-324-5264, or by checking TV Channel 21. In addition, CYA will post weather-related cancellations on its website (www.chantillyyouth.org). For Hoop Magic, call 703-268-5780 (note that Hoop Magic rarely closes for weather reasons but CYA may cancel its games there when it snows).
- Hoop Magic spectator fee: Hoop Magic charges a \$1 per day spectator fee for all non-participants aged 12 and under who are watching the games. CYA has no control over this fee since Hoop Magic is a private facility.

5. Equipment

- League administrators should request scorebooks/icepacks/balls etc from the CYA quartermaster, Randy Gulakowski. If a coach notices that a game bag is short on scorebooks, icepacks, etc., they should notify their league admin. Equipment distribution is scheduled for November 21st at the CYA shed; the LA will pick up the equipment and distribute to coaches.
- Coaches should know who is responsible for bringing and retrieving the clocks to games each week. CYA will try to store clocks at Carson, Franklin, Poplar Tree and Rocky Run but all other facilities will need clocks brought by the coaches at the beginning of the day.

6. Referees
 - House referees are provided for grades 1-8. The referee coordinator is Monica Despins (despinsw@cox.net) who has a number of individual referee schedulers who make the actual assignments. House refs are paid \$10-\$20 each per game depending on the grade level and their experience. Report any problems with house refs to Monica Despins.
 - Cardinal referees are provided for grades 9-12 at a cost of \$38 each per game. These are scheduled by the CYA Basketball Coordinator (Rick Shryock). Report any issues with Cardinal referees to basketball@chantillyyouth.org.
7. Rules
 - The Winter House rules will be posted on the Basketball tab of the CYA website before the start of games. Major points are listed below:
 - Participation/substitution rules (Grades 2-8): mandatory 2 quarters for all players + restrictions on extra playing time. If there is a disagreement over player participation, the coaches should try to resolve the issue when it arises. If not, a protest should be noted in the scorebook and the league administrator notified subsequent to the game.
 - Time Outs and overtime: 2 timeouts per half for grades 1-6, 3 full/2 30-sec per game for grades 7-12; 1 2-min overtime
 - Mandatory defense: grades 1-4 must play man-to-man defense in all games. Grades 5-12 can use man or zone defense. For grades 2-4, please read the man-to-man rules carefully—we are trying to promote teaching a help man-to-man defense. Coaches who try to circumvent the man-to-man rules will be sanctioned; report any issues to your league administrator and to the referee coordinator.
 - Crush rules: 10 points in grades 2-8, 15 points in grades 9-12
 - Intentional fouls: do not yell “foul” at end of game to signal intentional foul as injury is often the result. If you must foul intentionally to stop the clock, use some other code (such as “black”) and be sure to instruct your players how to foul without risking injury to other players. No one should be fouled intentionally while attempting a fast-break lay-up.
 - Uniforms and equipment: no jewelry or hard casts. Band-aids to cover earrings are not acceptable.
8. Scheduling
 - Regular practice times are allocated to coaches by the league administrator through the CYA Basketball scheduler. Coaches can request make-up space (minimal supply) through league administrator, who will request from scheduler, if schools are unexpectedly closed. This is usually not possible for school holidays when all gyms closed because the volume of make-ups is too great.
 - The league administrator puts together the game schedule based on the gym allocation given to him/her by the CYA Basketball scheduler. Please notify league administrator in advance if possible of any anticipated game cancellations (so we can notify the refs) and request make-up space (limited supply) through the league administrator. Note that game day cancellations will generally not be made up and will be counted as forfeits.
9. Sportsmanship issues
 - Any harassing of refs or players by spectators, coaches or players is strictly prohibited and offenders will be asked to leave the gym.
 - Any sportsmanship technical fouls levied on players, coaches or spectators must be reported to the league administrator by both coaches. Players, coaches and spectators ejected from a game are banned from the subsequently scheduled game.
 - Sportsmanship issues should be reported to the league administrator and the Basketball Sportsmanship Coordinator, Rein Kiewel, at rein.kiewel@verizon.net.
10. Coaches training and resources
 - Coaching clinics at Chantilly and Westfield HS to be announced. Mass email will be sent.
 - Coaching resources posted on website (go to basketball page, coaching tab, at www.chantillyyouth.org)
11. End of season events
 - There is a CYA end of season tournaments for grades 4-12, all-stars for grades 3-8, hot shots for grades 3-6 and a Turnpike tournament for grades 4-9. Ask the league administrator for details
12. Trophies/awards
 - All first and second graders receive a CYA provided trophy. Third graders do not.
 - For grades 4-12, there is a trophy or souvenir t-shirt provided to the winners and runners up of the season tournament.

KEY CONTACTS

Chairman: Rick Shryock, basketball@chantillyyouth.org, 703-963-5430

Vice Chairman: Cindy Aune, registrar@chantillyyouth.org

Boys Commissioner: Brian Leonard, brian.leonard@verizon.net

Boys Deputy Commissioner: Dale Howell, delbertdlh@hotmail.com

Girls Commissioner: Bruce Wardlaw, jbwardlaw@msn.com

Girls Deputy Commissioner: Troy Olsen, troy.olsen@sutherland.com

Referee Coordinator: Monica Despins, despinsw@cox.net

Sportsmanship/Rules Coordinator: Rein Kiewel, rein.kiewel@verizon.net